

February 15, 2009

## **Hudson Valley Writers Guild Newsletter**

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## **Guild announcements**

### **Save the Date-April 4**

The Guild and the Arts Center of the Capital District will be sponsoring a Writers Resource Panel and Fair the morning of April 4 at the Arts Center in Troy. Look for further details to be announced soon.

### **The Guild on Facebook**

The Guild now has a presence on Facebook ([facebook.com](https://www.facebook.com))! To date, 56 individuals have joined our Facebook group. Visit us to share your news in real time in the discussion forum and post videos or photos you've taken at Guild or regional writers events. (Find us by doing a search for the group "Hudson Valley Writers Guild.") If you're not a member of Facebook yet, now is the time to join. There are lots of resources for poets and writers and opportunities for networking! Thank you for helping the Guild establish a bigger web presence.

### **Newsletter Submissions**

Board member Bob Sharkey compiles information for Guild newsletters. You can send your announcements to his attention by email to [riverrun@nycap.rr.com](mailto:riverrun@nycap.rr.com). We will be posting area events that are announced in between the bi-monthly Guild newsletters on our Facebook site.

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## Member announcements

### Member's Studio to Offer Free Peer Groups Wednesday Evenings

**Carolee Sherwood** is organizing two free peer groups for adults -- one in poetry and one in art -- on Wednesday evenings from 7-9:15 p.m. at her art studio in Castleton. The "Poets Studio" will meet every other Wednesday, beginning February 11, and "Art for Life Support" will meet on the opposite Wednesdays, beginning March 4. In the Poets Studio, a small group (four or five) of beginning and established poets will write together and share each other's work with optional peer critique. Art for Life Support is a free art-making group for women (artists and non-artists welcome). This small group will make art together using an expressive arts model; the purpose of the gatherings, which will focus on painting, collage and some writing, will be to establish consistent use of creativity as a resource for knowledge, strength and renewal.

Although the groups are free, registration/application is required; and limited space is available. See the studio website ([thepolkadotstudio.com](http://thepolkadotstudio.com)) for details. Contact Carolee at [caroleesherwood@gmail.com](mailto:caroleesherwood@gmail.com) or (518) 598-9607 with questions. It is not necessary to attend the first meeting of either group to join; however, participants should be willing to commit to reasonably regular attendance in order to achieve group continuity.

**Diane Cameron** announces a "Writing for Caregivers" workshop she will be conducting on two Thursdays: February 19 and 26, 10 a.m.–Noon (*You are welcome to attend one or both sessions*) at Community Caregivers 2113 Western Avenue, Guilderland

Are you a caregiver? This fun two-part workshop will help you tell your own story or the story of the person you care for. Your work may be intended for publication or as a gift to your family. You will learn about keeping a journal, starting a memoir, and using fiction and poetry in your work. The class will also explore writing as a therapeutic and stress-relieving tool. And you will learn how to make time to write when you are so very busy. This is for those who have never written and those with some experience.

The workshop is free, but please call (518) 456-2898 to register. The final date for registration is February 19.

**Mimi Moriarty** announces a separate (from Diane Cameron's above) "Poetry for Caregivers" workshop she will be conducting on two Wednesdays: March 11 and 25, 10:00 a.m.–Noon (*You are welcome to attend one or both sessions*) at Community Caregivers 2113 Western Avenue, Guilderland.

Caregivers have a very special task—the giving of self for the betterment of another. This is often done with joy and received with gratitude. Sometimes these tasks can wear down the body and the spirit. Writing poetry can help the caregiver express the love, concern and gratitude they feel, as well as the frustration, anger, exhaustion, humor, despair or resignation. Whatever situation you are in, whatever kind of caregiving

(spouse, parent, sibling, child, friend, short-term, long-term), writing poetry is a wonderful outlet. In this workshop you will read poetry written by caregivers and about caregiving, and you will learn writing exercises to begin or improve your poetry-writing skills.

The workshop is free, but please call (518) 456-2898 to register. The final date for registration is March 18.

**Therese Broderick** announces "THE SURPRISE OF POETRY" a writing workshop she will be conducting at East Line Books, 1714 Route 9, Clifton Park (across from Snyder's Restaurant) SATURDAY, MARCH 7, 2009 Time: 2-4 p.m. Cost: \$25. (One scholarship available.) To register, call Robyn Ringler at 371-4151 or e-mail her at [RLDSR12@aol.com](mailto:RLDSR12@aol.com).

DESCRIPTION OF WORKSHOP -- Good poetry is about surprise--an unexpected word, image, or sound. In this friendly, low-key class, you will learn some simple, fun techniques for adding surprise to your poems. Tips for getting published will also be provided. No prior experience with writing is necessary. Sharing aloud will be encouraged but not required. Helpful handouts will be supplied. Additional information is available at the book store website: [eastlinebooks.vpweb.com/events](http://eastlinebooks.vpweb.com/events).

**Denie Whalen** announces Expressive Arts with **Markus Alexander**- *Light your writing fire through an expressive arts experience - a natural way into our creative imagination*- on Friday, March 13 6:30 to 9:30 pm - \$45 at the Albany NYEA studio, 4 Central Ave. Call 518-434-2412 or [denie@newyorkexpressivearts.com](mailto:denie@newyorkexpressivearts.com) to reserve your space.

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## Area announcements

### Third Thursday Poetry Event

**Jay Rogoff** will be the featured reader at the next session of this event on February 19 at the Social Justice Center 33 Central Ave. in Albany. There will be an open mic before and after the feature. Dan Wilcox is the host and signup is at 7 p.m. with reading beginning at 7:30 p.m.

### Writers Institute Announces Spring Readings and Films

The State Writers Institute also has a long list of readings and films planned to celebrate its 25<sup>th</sup> anniversary. Some late February events include readings by historian and author Annette Gordon-Reed on February 24, and historian and science writer John Kelly on February 26. A full schedule of events with exact times and locations can be viewed at the Institute web site: [albany.edu/writers-inst](http://albany.edu/writers-inst).

## **East Line Books Book Signing**

Local equestrian author, **Katie Navarra**, will participate in a book signing of *Horses In Action!*, her first published children's book. East Line Books located at 1714 Route 9 (across from Snyder's) in Clifton Park, will host the event, scheduled for February 21, 2009 at 2:00pm. The event is free and open to the public.

*Horses In Action!*, features 30 pull out posters depicting the strength, stamina and beauty of horses in motion. The text, written by Navarra, was crafted for children, but has also found many adult fans for its portrayals of horses thundering down the backstretch, explanations of herd hierarchy and commentary on why horses do the things they do.

For more information contact Robyn Ringler at East Line Books 518-371-4151 or [RLDSR12@aol.com](mailto:RLDSR12@aol.com)

## **The Salvation Army Seeks Children's Authors**

The Salvation Army on 20 South Ferry Street in Albany has a family literacy night the third Wednesday night of each month. If you are or know of any local children's authors who might be willing to come and read to the children and their parents please contact:

Cheryl L. Walther  
Learning Zone Coordinator  
The Salvation Army  
20 South Ferry Street  
Albany, NY 12202  
518-463-6678 Ext.13

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**The Hudson Valley Writers Guild offers space in its newsletter for submission and program opportunities but does not endorse any programs or publications that are not offered through the Guild.**

*A note from the newsletter editors:* A fresh crew of volunteers is on board for the Guild newsletter. We are always curious to know if the formatting "works" (appears neat and tidy) in your email or if it causes issues (is difficult to read). Send feedback and suggestions regarding any formatting issues to [hvwginfo@gmail.com](mailto:hvwginfo@gmail.com). News items should go to Bob Sharkey as stated above. *Thank you!*

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M. Miriam Herrera  
Webmaster

Bob Sharkey and Carolee Sherwood  
Newsletter Editors  
Hudson Valley Writers Guild ([hvwg.org](http://hvwg.org))